

# The Crossing Programme Schedule - Term 3 2011

Course	Name	Description	Duration
Parenting	Tool Box - Toddlers	Parenting Education for Parents of Toddlers	6 Session Course
	Toolbox - Middle Years	Parenting Education for Parents of 5 - 12 year olds	6 Session Course
	Tool Box - Teens	Parenting Education for Parents of Teens and Emergent Teens	6 Session Course
	Parent Cafe - The Gift Series	Biblical Parenting Education for Parents	10 Session Course
	Parent Cafe - Getting a full night's sleep.	Getting the child to sleep well is a major health benefit to both the parent and the child. Join us for some practical help in getting the rest everybody in your family needs.	Single Event
	Parent Cafe - Technology & Your Kids. An impending Disaster?	Help for parents who want to move beyond the negative into the positives aspects of the digital age.	Single Event
	Ante Natal Class	Pregnant? Get all the information and support for this exciting phase of your life.	6 Session Course
Seniors	Evergreens - Bible study	A weekly serving of fellowship, fun and spiritual food.	Weekly Event
	Evergreens - Social Event	Join other seniors in these weekly programmes. Youth Group for Seniors.	Weekly Event
	LifeWorks - Life Group	Want to make Life work at a deeper level? Support, encouragement, friendship are all on offer.	Weekly Event
	LifeWorks - Diet & Exercise	Nutritionist Sarah Powers will work through the basics of healthy eating and suitable for exercise for this life stage.	4 Session Course
	LifeWorks - Computer Literacy	Feeling a little left behind in the digital age. Take a catch up class with your peers.	6 Session Course
Marriage	Alpha Marriage Course	Take care of what's important. A six week chance to invest in your marriage relationship.	6 Session Course
Support	Divorce Care Course	Living through Divorce is very tough. Join with others and gather the skills, insights and support you will need to navigate this difficult road.	6 Session Course
	Counseling Services	Trained counselor, Alana Ramsey is available. Limited hours. Appointments are necessary. Contact the Crossing Reception.	By Appointment
	Family Therapy Services	Trained Family Therapist Stephanie Rockwell is available. Limited hours. Appointments are necessary. Contact the Crossing Reception.	By Appointment
	Support Group for People with addictions.	This support group meets at the Crossing every week. It is available with a counselor's referral.	Term Event
Singles	Single Minded - Accessing Support	Parenting by yourself is a demanding situation. What supports are out there for you? In this Single Minded event we will provide a snapshot of all the resources available to single parents in West Auckland.	Single Event
	Single Minded - Equipping Your Kids for Success	Parents who are doing it by themselves face peculiar barriers to success. Kids of single parents also face some peculiar hurdles. Learn how to identify these, and more importantly, learn how you can breakthrough these obstacles to success	Single Event
Children	Rock Stars	Adventure group for kids. Contact reception for weekly details.	Weekly Event
Community Services	ESL Class 1	Like to learn English. We have two courses available each week. Qualified tutors. New classes starting each half term	10 Session Course
	m & m's	mainly music - interactive time for parents or caregivers and their preschoolers. For session times and cost contact Crossing Reception.	Weekly Event - 2 groups/sessions
	Budgeting & Basic Cooking Skills	Struggling to put food on the table. This course is all about making that a lot easier. How to budget, plan prepare and cook meals, all within your resources.	4 Session Course
	Rummages	Reuse and Recycle. Secondhand goods. Meet a need, score a bargain at the Op Shop.	
	Computer Literacy	Feeling a little left behind in the digital age. Take a catch up class.	6 Session Course
	After School Care OSCAR	Need somewhere for your kids to go after school? This is a Government sponsored, registered programme operating everyday from 3:00 pm - 6:00 pm. Some small fees apply. Contact Crossing Reception for details.	Weekly Event
	HomeWork Centre	Hosted by volunteers, skilled help is given to kids who need help with doing their homework. Drop in if you need assistance. Limited tutoring is also available.	Weekly Event
	Citizens Advice Bureau / JP	Need information? This voluntary service can provide it. Every week on Friday morning. No appointment is necessary.	Weekly Event
	Alpha	Want information about God. This is a great starting point	5 Session Course
	Weekly Grind	Coffee, Cake & Friendship. Escape your daily grind at the Weekly Grind by meeting some other mums and caregivers in a child-welcoming environment.	Weekly Event
Youth	BluePrint	Church with a vibrant youth flavour. Check it out.	Fortnightly Event
	The Gathering	Youth group like you've never seen it? Bring your mates to this one - they won't be weirded out!	Monthly Event
	910 - Movie Night	910 is a youth event for year 9 & 10 students. Details from reception. Turn up and chill out.	Monthly Event
Christian Education	Bible School	Pastor Jonathan is teaching a series based in the Minor Prophets - Faith in the Marketplace.	4 Session Course
	Women's Bible Study	Explore with other women, what God thinks about life, living and loving.	Weekly Event
Ministry to Men	Stake Night	For men and wanna be's. Man food and big screen to watch the Test.	Single Event